Diagnostic Questions

Insecurity

1. Do you doubt God can use you?
2. Do you have an inordinate desire to make peace?
3. Do you apologize so you will feel better?
4. Do you wonder what people think about you?
5. Do you crave people’s compliments?
6. Do you promote yourself?
7. Do you shade the truth to make you look better?
8. Are you willing in a counselling situation to talk about your failures if the Lord so leads?
9. Do you live with a constant fear of rejection?
10. Do you incessantly talk to make up for your feelings of inadequacy?
11. Do you clam up to make up for your feelings of inadequacy?
12. Do you want to control others?

Performance Acceptance

1. Do you feel you must perform to a certain level in order to be accepted?
2. Do you feel like you can never please your dad? Your mom?

Unhealed Hurts

1. Do you still have hurtful things that have happened that hurt when you think about them?
2. Are there people who when you think about them, you struggle to have the right spirit toward them?

Worthlessness

1. Do you feel worthless at times?

Shame

1. Do you feel like something is wrong with you?
2. Are you guilty not just about things you’ve done, but who you think are?

Unsubmissive Attitude

1. Do you struggle having a submissive attitude when your authorities exhibit what you think are failures in their lives?
2. Do you reject your authorities when they make a mistake once?

Restlessness

1. When there is tension in a relationship, do you want to run?

Untrusting

1. Do you struggle trusting people?
2. Do you have optimism about your future or pessimism?

Feelings of Failure

1. Do you feel like a failure?
2. Do you feel rejected?

Unloved/Unfulfilled

1. Do you feel loved?
2. Are you fulfilled in life?
3. Do you turn to something other than God when you are struggling?